

	<u>Book</u>	<u>Theme</u>
April 2023	The People on Platform 5 by Clare Pooley	A Feel-good Farewell
March 2023	The Museum of Ordinary people by Mike Gayle	Extra Ordinary in the Ordinary'
February 2023	Thrown By Sara Cox	Transformation'
January 2023	The Island Home by Libby Page	Starting again'
December 2022	Wintering by Katherine May	'Hibernation'
November 2022	Early Morning Rise by Katherine Heiny	'Don't judge a book by its cover'
October 2022	Love In Colour by Bolu Babalola	'Rewrite your story'
September 2022	The Fair Botanists by Sara Sheridan	Worth the wait'
August 2022	The Joy and Light Bus Company by Alexander McCall Smith	'Life's mysteries'
July 2022	The Island of Missing Trees by Elif Shafak	'Refinding your roots'
June 2022	The Impulse Purchase by Veronica Henry	'Embracing change'
May 2022	The Guncle by Steven Rowley	'Bright days ahead'
April 2022	The Things You Can See Only When You Slow Down: How to be Calm in a Busy World by Haemin Sunim	'Mindfulness'
March 2022	Leap In: A Woman, Some Waves, and the Will to Swim, by Alexandra Heminsley	'Begin again'
February 2022	Dear Mrs Bird by AJ Pearce	'Helping others'
January 2022	Death and Croissants by Ian Moore	'Turning the page'
December 2021	The Cat Who Saved Books by Sosuke Natsukawa	'Showing care'
November 2021	The Saturday Morning Park Run by Jules Wake	'Spreading Warmth'
October 2021	Love, Hope by Juliet Ann Conlin	'Finding Connections'
September 2021	The Language of Flowers by Vanessa Diffenbaugh	'Flourishing'
August 2021	Mother Land by Leah Franqui	'Self-discovery'
July 2021	The Kindness Project by Sam Binne	'Sharing Kindness'
June 2021	Keeping Mum by James Gould-Bourn	'Dance into Summer'
May 2021	Diary of a Young Naturalist by Dara McAnulty	'Healing Nature'
April 2021	The Enchanted April by Elizabeth von Arnim	'Escapism'
March 2021	The Authenticity Project by Clare Pooley	Pay it forward'
February 2021	The Switch by Beth O'Leary	Time for Yourself'
January 2021	How to Listen by Kate Columbus	A Good Listener'
December 2020	All About Us by Tom Ellen	Past, Present and Future'

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November 2020	The Salt Path by Raynor Winn	What Really Matters'
October 2020	Dominicana by Angie Cruz	Being Brave'
September 2020	The Giver of Stars by Jojo Moyes	Always Learning'
August 2020	How to Fail by Elizabeth Day	Self-care Summer'
July 2020	To Lahore, With Love by Hina Belitz	Soul Food'
June 2020	The Summer Book by Tove Jansson	Let Your Sun Shine'
May 2020	The Lido by Libby Page	New Beginnings'